



DEVELOPMENTAL QUESTIONNAIRE

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File number: _____

Date: / /
(Day) (Month) (Year)

Name of parent: _____

Name of child: _____

Child's date of birth: / /
(Day) (Month) (Year)

INFANCY/ EARLY CHILDHOOD

(Please circle appropriate choices):

If adopted, at what age? _____ Age when told of adoption? _____

Any difficulties during pregnancy, delivery, or shortly thereafter? Yes/ No/ Unknown

Please describe: _____

Birth weight: _____ Breast fed? Yes/ No/ Unknown Colic? Yes/ No/ Unknown

Temperament: quiet/ easy/ slow to warm up/ fussy/ cries a lot/ sick a lot/ other _____

Developmental Milestones (✓): Age Early Average Late Unknown
(if known)

Slept through the night									
Sat									
Walked									
Spoke first words									
Bladder trained (day/ night)									
Bowel trained (day/ night)									

Any unusual behaviours as an infant? Yes/ No/ Unknown

Please describe: _____

Any serious illnesses or hospitalizations as an infant? Yes/ No

Please describe: _____

Any other difficulties? _____

Age when first separated from mother For a few hours _____
Overnight _____
For several nights _____

Any long separations from parents? Yes/ No
Please describe: _____

Any difficulties when away from parents? Yes/ No
Please describe: _____

SCHOOL YEARS/ ADOLESCENCE

Problems when first attending school? Yes/ No
Please describe: _____

Psychological Assessment? Yes/ No Date: ____/____/____
(Day) (Month) (Year)
Please describe findings: _____

Diagnosed learning difficulties? Yes/ No
Please describe: _____

Discipline problems in school? Yes/ No
Please describe: _____

Ever saw a counselor/ social worker? Yes/ No Date: ____/____/____
(Day) (Month) (Year)

Difficulties with peers? Yes/ No
Please describe: _____

Best school subject/ special talents or abilities/ favourite sports or activities:

PHYSICAL HEALTH (Family)

(Please circle any known physical conditions—indicate “p” for parent, “c” for child):

- | | | | | | | | |
|---------------------|-------|--------------------|-------|-----------------|-------|-----------|-------|
| Diabetes | _____ | Epilepsy | _____ | Cancer | _____ | Seizures | _____ |
| Heart Disease | _____ | Inherited diseases | _____ | Drug Abuse | _____ | Eczema | _____ |
| Drinking Problems | _____ | Severe headaches | _____ | Ulcers | _____ | Allergies | _____ |
| High blood pressure | _____ | Hearing problems | _____ | Vision problems | _____ | | |
| Weight problems | _____ | Frequent accidents | _____ | Sleep problems | _____ | | |

EMOTIONAL HEALTH (Family)

Any previous contact with mental health professionals? Yes/ No
Please describe: _____

Outcome of previous therapies: Positive Negative Mixed
Please describe: _____

YOUR INITIAL TREATMENT GOALS

Your reason(s) for consulting:

Your initial goals or expectations (if any are clear to you at this time):

Type of therapy you desire:
 Individual Couple Family Child or Adolescent Parent Coaching Not yet determined

Any questions you might have for me at this point:

(Your signature)